

# A Rescuing God: Psalm 116.5-9

An extra TFTD today from the TKC (Thy Kingdom Come) website ....



## A RESCUING GOD

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*Psalm 116:5-9 (NIV)*

5 The Lord is gracious and righteous; our God is full of compassion.

6 The Lord protects the unwary;  
when I was brought low, he saved me.

7 Return to your rest, my soul,  
for the Lord has been good to you.

8 For you, Lord, have delivered me from death, my eyes from tears, and  
my feet from stumbling, 9 that I may walk before the Lord in the land of the living.

At the heart of Thy Kingdom Come is our prayer that people may come to know Jesus. To this end, our psalms so far have invited us to tell the story of God, and our own stories within that story, sharing ways in which God has touched our lives.

Today's psalm builds on that and points us towards thankfulness. In verse 3, the writer says that *the cords of death entangled me... and*

*I was overcome by distress and sorrow.* It encapsulates the struggles and battles of our life, and it is in times like these that we turn in our helplessness to God and find the way forward. Those little experiences of the grace and compassion of God spill out of the

psalmist's mouth: *Our God is full of compassion; The Lord has been good...*

Of course, God offers so much more than what we have already experienced. This psalm hints at this in verse 8, referring to our freedom from death. We are reminded that Jesus, the Son of God, came into this world to embrace us as sinners and to set us free by dying on the cross.

In the end the psalm does three things:

- it draws our attention to what God has already done for us, and invites us to be thankful:
- it calls us to share our thankful stories with our friends; and
- it invites us to pray for those who do not yet have a sense of God's care for them, who do not yet know how to say thank you to God.

*Come, Holy Spirit, and fill our hearts with deep thankfulness; Show my friends, especially .... how much God is doing for them. Thank you, Lord. Amen*